



Hindustani Classical Singing

Duration: 12 Months | **Frequency:** 1 Session/Week (2 Hours)

Goal: Master 5 Core Raags, Basic Taal, and 2 Stage Performances.

Phase 1: The Foundation (Months 1–3)

Focus: Vocal texture, pitch accuracy, and breath control.

- **Month 1: Swar & Breath:** Introduction to *Saptak* (Octaves) and *Alankars* (Patterns). Exercises for lung capacity and sustained notes (*Swar Sadhana*).
- **Month 2: Rhythm Basics:** Understanding *Teental* (16 beats) and *Dadra* (6 beats). Learning to maintain *Laya* (Tempo) while singing.
- **Month 3: Introduction to Raag (Raag Yaman):** Learning the *Aaroh*, *Avroh*, and *Pakad*. Basic *Bandish* (Composition).
- **Performance Milestone:** Internal "Studio Mic" session—recording a single sustained note and a basic *Alankar*.

Phase 2: Expression & Expansion (Months 4–6)

Focus: Ornamentation and the first Raag performance.

- **Month 4: Raag Bilawal:** Understanding "Shuddha Swar" and the bright, morning mood of this Raag.
- **Month 5: Ornamentation (Meend & Khatka):** Adding "glides" and "clusters" to make singing sound professional and soulful.
- **Month 6: Performance Prep (The Monsoon Set):** Learning a *Raag* suited for the season (e.g., *Raag Desh* or *Kafi*).
- **Performance Milestone: Semi-Annual Showcase.** A 5-minute solo performance of one Raag for friends and family at the Synchrocity 2.0 space.

Phase 3: Technical Mastery (Months 7–9)

Focus: Speed (Taans) and complex rhythm.

- **Month 7: Raag Bhairav:** Mastery of the flat notes (*Komal Re and Dha*). Deep focus on emotional delivery.

- **Month 8: Taans & Sargam:** Increasing the speed of vocal delivery. Learning to sing patterns at double and quadruple speeds.
- **Month 9: Semi-Classical Integration:** Introduction to *Bhajans* or *Sufi* compositions based on the Raags learned so far. Learning to use a Tanpura (manual or app).

Phase 4: Stage Presence & Final Concert (Months 10–12)

Focus: Professionalism, mic technique, and the final recital.

- **Month 10: Raag Bhoopali:** A 5-note (Audav) Raag that demands precision. Focus on *Aalaap* (Improvisation).
- **Month 11: Mic Technique & Stage Craft:** How to stand, how to hold a microphone, and how to interact with the audience and accompanists (Tabla/Harmonium).
- **Month 12: The Grand Recital Prep:** Refining a 10-minute set. Selection of the best Raag and a semi-classical piece for the finale.
- **Performance Milestone: The Synchronicity Annual Concert.** A professional stage performance with live Tabla accompaniment and a high-quality video recording for the student's portfolio.